



SAMPLE DAYS IN YOUR JOURNEY



MONDAY: SAMPLE AT SEA DAY

6–9 am

At leisure on board and breakfast

Pick from any or none at all. Yoga, Morning Meditation, workout in the gym, or enjoy coffee poolside. Enjoy a delicious full breakfast experience or lighter complement of fresh fruit, granola and healthy juices.

9–11 am

Attend design workshop “How to create and tell amazing stories”

Impact Travel experiences create lasting personal memories and inspire them to follow in suit. Learn techniques from design thinking and storytelling experts to effectively capture your story along the journey.

12–1 pm

Lunch on the Conservatory's outdoor deck

Enjoy a balanced menu that focuses on nourishing, sustainable, and when possible, locally sourced foods. Ideal to recharge and feel great all day long.

1–2 pm

Enjoy the rejuvenating spa services

Make the time to take care of your mind and body with an invigorating massage

2–3 pm

Participate in a required “On-Ground Training” session

Interacting with Children: Engaging students and teaching English in schools.

3–6 pm

Immerse into Fathom Interactive Festival

Fathom Interactive Festival is an inspirational launch pad for creative cause area entrepreneurship, arts and culture. This interactive festival allows one to engage in panel discussions, interactive workshops, and design thinking showcases with leading social impact partners and entrepreneurs.

7–8:30 pm

Head to Ocean Grill for a Dominican inspired dinner

Cuisine as a window into the culture of the Dominican Republic. Ocean Grill features Dominican recipes prepared by Dominican chefs for a truly memorable regional food, beverage, and service experience.

8:30–9:30 pm

Attend Keynote Event

Learn more about Fathom vision, cumulative impact from previous trips, and enjoy Dominican music and entertainment on deck.

WEDNESDAY: SAMPLE ON GROUND DAY

9–10 am

Gather and depart from Amber Cove

Meet up with other travelers taking part in the same Impact Activity and join your guide to board small buses for the trip to the activity site.

10am–12 pm

Work at an organic cacao nursery

Join members of a cacao growers association to plant and maintain cacao seedlings that will be transplanted to local farms. Local families contribute to the efforts by donating kitchen scraps that you are able to transform into the nursery's own organic fertilizers.

12:30–1:30 pm

Have lunch at a nearby community center

Join your fellow volunteers for a quick meal of traditional Dominican fare prepared by women in the surrounding neighborhood.

1:30–4:30 pm

Make artisanal chocolate with Dominican entrepreneurs

Participate in the story of a group of independent women who came together to form a successful collective that produces some of the country's best artisanal chocolate. Learn how the seedlings you worked with in the morning are transformed into a variety of products and get hands on experience in many steps of the process.

1:30–4:30pm

Option B: Relax on the beach

Bring your towel and head over to one of the sandy beaches where you can rent snorkels, fins, and other watersports equipment. You can also kick back at Amber Cove's own pool, complete with a lazy river and private cabanas.

4:30–5 pm

Travel back to Amber Cove

5–9 pm

Catch the shuttle to Puerto Plata and enjoy the local Dominican cuisine and culture

Take a short shuttle ride into town and enjoy the lively music and entertainment or an intimate dinner alongside the local community at one of many world-class local dining destinations.

Note: Activities described are representative of the type and style of activities that will be offered. The activities available on specific days and itineraries will vary.